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# NEW YEAR JOURNAL PROMPTS

## for *Personal Growth*

1. What do you want the theme for the New Year to be?
2. If you had 3 wishes for the New Year, what would they be?
3. How do you want to prioritize your life this year? List your top 5 priorities.
4. What 3 affirmations would you pick for the New Year?
5. What changes do you want to make to your life?
6. What would you do if you knew you could not fail?
7. What are 3 of your life passions?
8. What are your top personal, financial & career goals for the New Year?
9. What steps do you need to take to make these a reality?
10. What are some things that you can start doing next week towards your goals?
11. What are the biggest challenges you face when it comes to reaching your goals?
12. What is one new thing you want to learn this year?
13. What would you like your morning routine to look like this year?
14. What would you like your evening routine to look like this year?
15. How can you make this world a better place?
16. Who is someone that inspires you for this year? Why?
17. What type of people do you want to add to your circle for mutual support?
18. What are 3 things you want to be known for?
19. What habits do you want to break? What good habits do you want to start?
20. What does your dream life look like?

